

Lipoprotein (a) Match the Statement

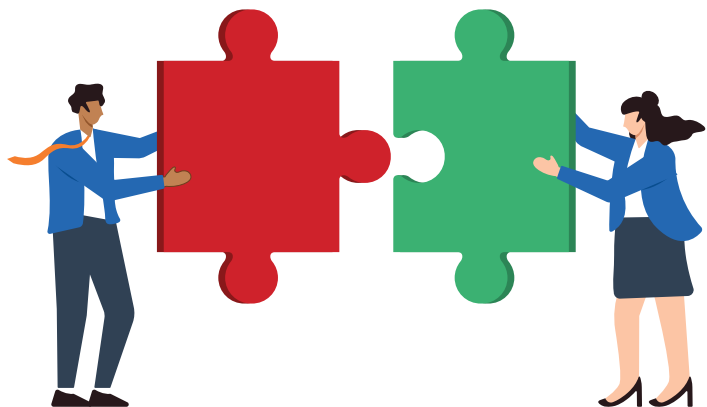
Welcome to the Lp(a) Match the Statement Game! Match the statements in **Column A** with the correct answers in **Column B**. Write the letter of your answer in the box. Have fun and learn something new!

STATEMENTS

COLUMN A	COLUMN B
<input type="checkbox"/> 1. Lp(a) levels are not determined by genetics.	A. True: Parents, siblings, and children should get tested.
<input type="checkbox"/> 2. Regular cholesterol tests don't check Lp(a).	B. False: About 1 in 5 people worldwide have high Lp(a) levels.
<input type="checkbox"/> 3. High Lp(a) can increase heart disease risk.	C. False: Lp(a) is mostly determined (>90%) by genetics.
<input type="checkbox"/> 4. If a close family member has high Lp(a), others should test.	D. True: Lp(a) can be added to your cholesterol test, but if you've already had one, you'll need a separate test for Lp(a).
<input type="checkbox"/> 5. Lifestyle changes won't lower Lp(a).	E. True: Diet and exercise reduce your overall heart disease risk but don't reduce Lp(a) levels.
<input type="checkbox"/> 6. High Lp(a) levels are rare.	F. True: It can cause plaque buildup in arteries.

SUMMARY

Lipoprotein (a), or Lp(a), is a genetically inherited risk factor for heart disease. Regular cholesterol tests don't check for Lp(a). Lp(a) levels can't be lowered by diet or exercise. If a close family member has a high Lp(a) level, parents, siblings, and children should get tested too.



... *Ask your doctor if a Lp(a) test is right for you!*

ANSWERS **B** 6. **E** 5. **A** 4. **F** 3. **D** 2. **C** 1.